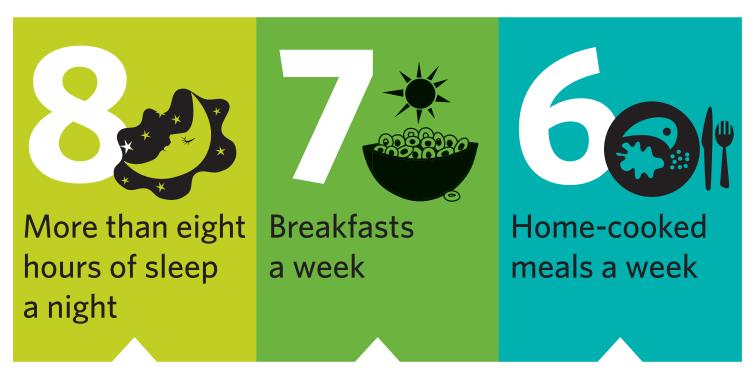
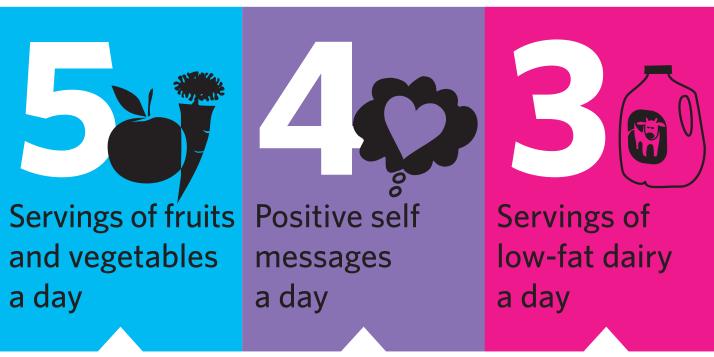
HealthyCounts

A health routine kids can count on.







Counting may be one of the best ways to help a child get in shape. Healthy **Counts** is a simple, step-by-step routine kids can follow—one that could add up to a lifetime of better health.



helendevoschildrens.org/healthycounts